

Consultation card Lupus/SLE

neurological complaints
1 2 3 4 5 6 7 8 9 10

sore muscles
1 2 3 4 5 6 7 8 9 10

drug side effects
1 2 3 4 5 6 7 8 9 10

hair loss
1 2 3 4 5 6 7 8 9 10

insomnia
1 2 3 4 5 6 7 8 9 10

dry mouth or eyes
1 2 3 4 5 6 7 8 9 10

cardiovascular problems
1 2 3 4 5 6 7 8 9 10

fever
1 2 3 4 5 6 7 8 9 10

skin complaints
1 2 3 4 5 6 7 8 9 10

joints
1 2 3 4 5 6 7 8 9 10

Total:

brain fog
1 2 3 4 5 6 7 8 9 10

psychological complaints
1 2 3 4 5 6 7 8 9 10

pain
1 2 3 4 5 6 7 8 9 10

fatigue
1 2 3 4 5 6 7 8 9 10

Total:

suffer from the sun
1 2 3 4 5 6 7 8 9 10

Source: Huber M, van den Brekel-Dijkstra K, Jung HP. Positive Health in the consulting room. Handbook Positive Health in general practice: working together for meaningful care. Houten: Bohn Stafleu van Loghum; 2021. p. 73-116.Huber2021



How do I feel

My top three questions for the doctor today