


# Consultation card Lupus/SLE

neurological complaints  
1 2 3 4 5 6 7 8 9 10

sore muscles  
1 2 3 4 5 6 7 8 9 10

drug side effects   
1 2 3 4 5 6 7 8 9 10

hair loss  
1 2 3 4 5 6 7 8 9 10

insomnia  
1 2 3 4 5 6 7 8 9 10

dry mouth or eyes  
1 2 3 4 5 6 7 8 9 10

cardiovascular problems  
1 2 3 4 5 6 7 8 9 10

fever  
1 2 3 4 5 6 7 8 9 10

skin complaints  
1 2 3 4 5 6 7 8 9 10

joints  
1 2 3 4 5 6 7 8 9 10

Total:

brain fog  
1 2 3 4 5 6 7 8 9 10

psychological complaints  
1 2 3 4 5 6 7 8 9 10

pain  
1 2 3 4 5 6 7 8 9 10

fatigue  
1 2 3 4 5 6 7 8 9 10

Total:

suffer from the sun  
1 2 3 4 5 6 7 8 9 10

Source: Huber M, van den Brekel-Dijkstra K, Jung HP. Positive Health in the consulting room. Handbook Positive Health in general practice: working together for meaningful care. Houten: Bohn Stafleu van Loghum; 2021. p. 73-116.Huber2021



## How do I feel

## My top three questions for the doctor today