

## MY LUPUS COVID 19 HERO

IRINI in Greek means PEACE.

My daughter's name is Irini and she is my <peace>.

My daughter is 26 years old. She studied photography and she loves to photograph faces. She is working as a barista in a café/creperie and in her free time she listens to music.

Being diagnosed with Lupus since I was 25, my life was not very easy but I was always trying to give my best so that Irini could have a happy life. I was trying not to ask for her help except in my very bad days.

In 2019 I was diagnosed with Lymphoma (cancer) and she was by my side every time I needed her. Driving me to the hospital for my chemotherapies, helping me with cleaning the house, even cooking for me.

2020 the situation with the pandemic Covid 19 locked us home. Me with Lupus and my husband with Asthma, we had to stay home.

Irini was the person that helped us with everything we needed from the outside world. Every Friday I was making a shopping list and she was going to the supermarket to bring all necessary things.

She had to go also to the pharmacy to bring my medicines .2019 was the first time we had a General Health System in Cyprus, so I was calling my rheumatologist and she was prescribing my medicines and Irini could go to the nearest pharmacy and bring them to me. Having ehealth during the pandemic was very helpful.

During the lockdown Irini was not working so we were going walking with our dogs outside in the fields or near by the sea, when we were allowed to go otherwise around the neighborhood.

In the nights we were watching movies or we were playing games together.

Due to the situation I , like almost all the world, couldn't see my sister or my cousins or my friends.

Irini was everything for me and I feel so blessed to have her in my life.

Spending so much time together was really nice.

Because of all these Irini is my LUPUS COVID 19 HERO



